

Good Luck & Good Fortune

Classic Subliminal · Affirmation Companion

Positive expectation, optimism and openness to favorable opportunities.

How to use this list

Read this list slowly once a day — morning or evening — while your subliminal audio plays in the background on loop. Say the lines that resonate out loud, in first person, at a relaxed pace.

Consistency matters far more than intensity: a few focused minutes daily is enough. Never listen while driving or doing anything that requires your full attention.

Your affirmations

- 01 I expect good things to happen for me.
 - 02 I am open to opportunities I have not yet imagined.
 - 03 I notice the good that is already around me.
 - 04 I carry an optimistic outlook into every room I enter.
 - 05 I am comfortable receiving good things.
 - 06 I trust myself to recognize an opportunity when it appears.
 - 07 Things have a way of working out favorably for me.
 - 08 I am becoming someone who expects more positive possibilities.
 - 09 I meet new situations with curiosity instead of dread.
 - 10 I feel fortunate for what I already have.
 - 11 My inner dialogue matches the life I am building.
 - 12 I am often in the right place at the right time.
 - 13 I welcome positive experiences into my life.
 - 14 I am confident in my ability to handle what comes.
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| 15 | Good news finds its way to me. |
| 16 | I release the habit of expecting the worst. |
| 17 | I am entering a more optimistic chapter. |
| 18 | I choose to look for what is going right. |
| 19 | I am worthy of a life that feels fortunate. |
| 20 | I am becoming the person I want to be. |
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Important

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